# Lady Nafisa Independent Girls Secondary School

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DCFS Reg No. 312/6082



Tuesday 4th January 2022

## **Covid Update**

Assalamu alaikum Parents,

I hope you and your families have had a restful break.

All students are to return to school on <u>Thursday 6<sup>th</sup> January 2022 at 8:10am</u>. Following updated government guidelines on Covid 19 measures, please note the changes below:

## Updated guidance on the use of face coverings

From the start of term, it is recommended that face coverings are worn in classrooms as well as in all communal areas. This advice is temporary and will be in place until **Wednesday 26 January**, at which point it will be reviewed. Please ensure that your child has a mask with them every day when they come to school.

## Changes to the self-isolation period for individuals who test positive for COVID-19

Since Wednesday 22 December, the self-isolation period for people who record a positive PCR test result for COVID-19 has been **reduced to 7 days** if

1) they take LFD tests on day 6 and day 7 of their self-isolation period and both are negative

and

2) they no longer have a high temperature.

Anyone who is unable to take LFD tests will need to complete the full 10 day period of self isolation.

## Daily testing for contacts of COVID-19

A new national approach to daily testing for contacts of COVID-19 has been introduced. All adults who are fully vaccinated and children aged 5 to 18 years and 6 months, identified as a contact of someone with COVID-19 — whether Omicron or not — should take a lateral flow device (LFD) test every day for 7 days instead of self-isolating. Daily testing by close contacts will help to slow the spread of COVID-19. Daily testing for contacts of COVID-19 will

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help protect education settings by reducing transmission and will also help keep learners in school. If they test negative, they can continue to attend school. If they test positive, they should self-isolate and order a PCR test to confirm the result. If the PCR is positive, they must self-isolate. If the PCR test is negative, they no longer need to self-isolate but should continue to carry out the remainder of the daily tests, and only need to isolate if it is positive.

### Weekly testing

We continue to encourage all pupils to test twice weekly using lateral flow devices (LFD) and to report results to the school via <a href="mailto:covidhometesting@ladynafisa.org">covidhometesting@ladynafisa.org</a>.

If your child develops symptoms such as a high temperature; a new, continuous cough; or a loss or change to their sense of smell or taste, they must immediately self-isolate, and book a test by calling 119 or visiting <a href="https://www.gov.uk/get-coronavirus-test">https://www.gov.uk/get-coronavirus-test</a>.

## Other points

- 1. For the start of the school day, we have moved the student entry to the wooden side gate (to the right hand side of the building). All students will enter via the side gate in the morning. No parents are allowed on site unless they have arranged a meeting via the admin office. If you need to pass any information to the school, please phone the office or drop an email.
- 2. Any parents coming on site will need to carry out a LFD test before they can enter.
- 3. Students must carry out a LFD test on Wednesday 5<sup>th</sup> January. If you need LFD test kit, you are welcome to collect one from the school office on Wednesday (9am 3pm). We will be checking all tests have been completed before students are allowed on site. If you experience any problems, please contact the office before 8:10am on Thursday.

Jazakallah khair for your support and I hope and pray for everyone's good health. If you have any questions, please don't hesitate to contact me.

Wasalam, Ust Fouzia

#### **Useful sites**

Latest guidance on Covid 19: https://www.gov.uk/coronavirus

Book your vaccinations: <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/coronavirus-vaccine/">https://www.nhs.uk/conditions/coronavirus-vaccination/coronavirus-vaccine/</a>