

Life Skills teaching plan 2024-2025 Version 1.0

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Drama HJ [MH]	Friendships & Feelings OQ [MH]	Cooking TH KI [LAB] HS	Nasheeds HJ [P1]	Sewing MH [P1]	Cyberexplorers AR HS [P2]
8	Cooking TH KI [LAB] HS	Knitting MH AR [MR]	Drama HJ AR [MH]	ECO AR HS [MR]	Citizenship UM [LAB]	Naseeds KI [P1]
9	Moneysense MH [MR]	Cooking TH KI [LAB] HS	Emotional Wellbeing OQ [P1]	Citizenship UM [P2]	Debate HJ [MR]	Careers + WE prep HJ [LAB]
10	Citizenship UM [P1]	Careers + WE prep HJ [P2]	Moneysense MH [MR]	Tenner Challenge SS [MH]	Cooking KI AR [LAB] HS	Knitting MH [MR]
11	Careers SS [P2]	Citizenship UM [P1]	Careers SS [P2]	Well being KI [MH]	XXXX	XXXX

The Life Skills curriculum is built upon **5 core themes**:

Independent living

Wellbeing and brain health

Being a global citizen

Personal development

Handiwork